



Karen A Zdep

September 26, 1941 - December 12, 2024

Karen A. Zdep, 83, passed away peacefully on Thursday, December 12, 2024 at the home of her daughter surrounded by loved ones.

Karen was born in Wichita, Kansas on September 26, 1941. She attended elementary school through high school in Wichita. She graduated from Wichita High School East in 1959. She attended and graduated from Pittsburg State College with a Bachelor of Science in Physical Education. She was the first in her family to earn a four year college degree.

Soon after graduation, she married and moved to New Jersey. Karen began her 37 year teaching career at Sayreville High School as a Physical Education teacher in September 1963. The following year she switched to the Old Bridge School District where she remained for the duration of her career. She started at Old Bridge High School, then Cedar Ridge High School and ended her career in 1990 at Salk Middle School. During her time as a Physical Education teacher, she also coached softball, field hockey and cheerleading.

Karen was an active member of Community United Methodist Church, Washington Terrace, UT for 25 years. She participated in many bible studies, book clubs and game nights. She started her volunteerism in the church nursery. She later became involved with helping at the rummage sales, holiday boutiques and many other service projects.

She is predeceased by her parents, Harold and Alice Trammell, and her oldest brother, Dick Trammell. She is survived by her daughter, Donna Zdep of Riverside, CA; her four grandchildren Aislin Rose Johnson of Riverside, CA; Rachel Gades and her husband Sean of Old Bridge, NJ; Hannah Griffin and her husband Jackson of Meridian, ID and Matthew Johnson of Riverside, CA; her brother Dale Trammell and his wife Terry; and her former husband, Robert Zdep.

A Celebration of Life will be held at Community United Methodist Church, Washington Terrace, UT on Saturday January 11, 2025 at 11:00AM.

Memorial gifts may be made to:
Community United Methodist Church
163 W 4800 S
Washington Terrace, UT 84405